

# AGE

INCLUSIVE

WORKPLACE



## DEMENTIA AWARENESS

## VIRTUAL & FACE-TO-FACE WORKSHOPS

*99% of almost 500 workshop attendees said that they would recommend our Dementia Awareness training to others*




THE CPD STANDARDS OFFICE

CPD PROVIDER: 22187

2020-2022

[www.cpdstandards.com](http://www.cpdstandards.com)





**Around 90,000 people in Scotland live with dementia**, a number expected to DOUBLE in the next 25 years.

As changes to retirement and state pension rules make working beyond age 65 common, more people will experience early symptoms of dementia while in employment.

Many workers are also unpaid carers for someone who has dementia and a growing number of customers who use your organisation's products and services will be affected by dementia, directly or as a dementia carer.

## CPD accredited training

Age Scotland's Dementia Awareness workshops are CPD accredited with the CPD Standards Office. Attendees with CPD requirements will receive a certificate upon completion of their training.

## Workshop aim

Our virtual workshops are based on a number of different modules, allowing them to be suited to your organisation's needs and the audience attending. They ensure your managers, HR teams and customer facing staff are better informed and prepared to:

- Respond effectively should dementia become a 'live' workplace issue.
- Minimise risks associated with dementia in the workplace, including legal compliance and safety.
- Foster a positive working culture in which staff living with dementia, or who are caring for someone living with dementia, feel supported by both their employer and co-workers.

## Audience

Our dementia awareness courses are designed for HR Managers, people managers, front-line staff and for housing teams.

We have specific courses for staff who regularly visit older peoples' home and for those dealing with older customers.


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**"Staff have gained a deeper understanding of dementia, the issues faced by tenants and family members living with dementia and more specifically, how this relates to housing."**

*Christine Vesty, learning and development consultant, Link Group Ltd.*

**"All our staff learned and benefited from the excellent dementia awareness training. I would recommend it to other organisations"**

*Euan Cameron, Founder and CEO at Cohesion Medical Ltd*



**"Very informative. Information was given in an easy-to-understand manner"**

*Workshop attendee, housing association, Edinburgh*



## Content

Our workshops are all about interactive learning including a combination of practical activities, video clips and small group discussion. The content is aimed at specific employee groups. Typical topics your team will learn include:

- Dementia; what it is and why it's relevant to the workplace.
- How to communicate effectively and empathetically with someone who is living with dementia.
- The symptoms and risk factors of dementia.
- Employers' legal obligations when someone has dementia or is a carer.
- How those with dementia, or a carer, may be supported to continue in employment.

## Workshop outcomes

After attending one of our workshops your staff are more likely to:

- Communicate effectively and empathetically with someone living with dementia, whether a customer or co-worker.
- Help foster a positive working culture in which staff living with dementia, or caring for someone living with dementia, feel supported by their employer and co-workers.
- Tell their employer and seek medical advice if they have problems with thinking, memory or communication, or if they have a diagnosis of dementia.
- Adopt healthy working lifestyles that reduce the risk of dementia.
- Managers and HR teams will understand how to support employees who may be living with early stage dementia or who are carers.

## Workshops and costs

This workshop consists of a number of modules allowing organisations to choose those that are most relevant for their needs and ensuring that the workshop is practical, engaging and informative.

Workshops can be delivered over two, three and four hours depending on the individual requirements and the content included.

Some of our most popular options are dementia awareness for people managers, for customer-facing teams, for housing teams and for those with a personal interest in dementia, such as unpaid carers. Please contact us for a discussion on the best option for your organisation.

**2-4 hour workshops for up to 16 delegates**

**From £445**

**1 hour webinar for up to 100 delegates**

**£595**

*All prices exclude VAT.*

## Find out more

For more information, please contact:

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Age Scotland is the national charity for older people. We work to improve the lives of everyone over the age of 50 so that they can love later life.

Age Scotland are experts in the whole spectrum of age-related issues in the workplace and are uniquely positioned to provide you with practical, informed and legislatively current workshops.

We have impacted over 4,500 people in the workplace and delivered over 250 workshops aimed at making Scotland's workplaces more age inclusive. We provide independent, impartial training and 99% of almost 500 workshop attendees said that they would recommend our Dementia

## Our other Age Inclusive Workplace workshops include:

### Planning For Your Future Workshops

Only 20% of the UK workforce feel that they can openly talk to their employer about their retirement plans. Our workshop helps employees over the age of 50 to plan for their future which also helps organisations with their resourcing and succession planning.

With sessions including Money Matters, Tax and Pensions, Legal issues, Health & Wellbeing and Time & Activities, attendees leave feeling much better informed about their future plans and 98% say they would recommend the workshop to colleagues.

Our workshops can be delivered as virtual sessions when face-to-face isn't possible.

### Age Inclusion In Your Workplace

Managed well, age diverse teams can be extremely beneficial to organisations in terms of experience and skills sharing. Our Age Inclusion workshops increase knowledge of ageism among employees as a personal workplace responsibility and fosters a positive working culture in which staff of all ages feel better supported by both employer and co-workers.

This workshop also helps intergenerational teams and their line managers improve collaboration, communication and effectiveness, enables managers to respond effectively to ageism issues and helps organisations minimise risks associated with age diversity, ensuring legal compliance.

### Functional Fitness MOT

By 2025 there are estimated to be 1 million more workers over the age of 50 in the UK making health and wellbeing at work a priority in ensuring that people can stay fitter and work for as long as they want or need to. The Functional Fitness MOT is a personal fitness review specifically designed for people aged over 50 years that helps them stay fitter in work and later life.

The review looks at areas such as balance, strength and flexibility and gives staff the opportunity to understand any issues and discuss changes to benefit them now and in later life.

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For more information, please email [jonathan.park@agescotland.org.uk](mailto:jonathan.park@agescotland.org.uk)

"Very good and fully engaging course. I loved it!"

Workshop attendee,  
Glasgow

