

# LET'S GET TOGETHER

Age-friendly get-together groups  
across the borough of Sutton




## What's On Guide

Age UK Sutton is working with partner organisations to showcase a variety of **Age-friendly** activities across Sutton.

letsconnect@ageuksutton.org.uk  
www.ageuk.org.uk/sutton  
0208 078 0002



### African & Caribbean Heritage Association (ACHA) Social Meetings

 Every other Thursday,  
12:00pm-3:00pm



Main entrance is accessible for most mobility aids. Bus stop within very close proximity.



During the meetings members can enjoy a variety of invited speakers, arts & crafts, social activities, raffles, board games, Bingo etc. Additional future activities planned. Aged 50 plus is welcome. **FREE** although additional charges may apply. For more information please contact 0795 738 5071 / achasutton@yahoo.com



#### Did you know...

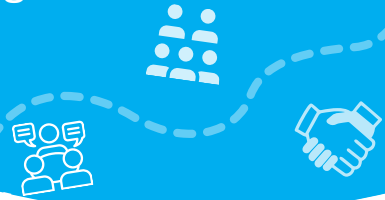
Being actively involved in various groups of cultural backgrounds can improve self awareness, reduce prejudice and preconceptions towards other cultures, and make our communities feel more connected!

# LET'S GET TOGETHER

MORE Age-friendly get together groups across the borough of Sutton

Here is a sample of get together's across the borough.

**PLEASE NOTE:** Activities listed on this side are for information only. Please book direct with the organisations.



ACTIVITY	GROUP	AREA	CONTACT FOR MORE INFORMATION
Worcester Parkers	Womens Institute	Worcester Park	0148 323 3230 info@surreyfedwi.org.uk
Wallington evening meetup	Townswomen's Guild	Wallington	0208 647 0801
Friendship Fridays	SACCO	Sutton	0790 554 5972 sophie@sacco.org.uk
Sangam group	Sangam	Sutton	0208 644 4374 hm_gulati@yahoo.co.uk
Men in Sheds	Community Action Sutton	St Hellier	sheds@communityaction sutton.org.uk

Can't see what you're looking for? Check out the full listings online: [ageuk.org.uk/sutton](http://ageuk.org.uk/sutton) or contact us: 0208 078 0002 / [letsconnect@ageuksutton.org.uk](mailto:letsconnect@ageuksutton.org.uk)

